



Seven Reasons to Book a Culinary Tour with Island Gourmet Trails

1. Experience the Comox Valley like a local. Your tour guide, Gaetane Palardy, is a chef and educator who has traveled the world. A tour with Gaetane is a culinary adventure where you will be welcomed as a friend wherever you go.
2. Get behind the scenes. Meet local producers and get a glimpse into their passion and how they make their products. Find out what makes them unique to the Comox Valley.
3. Sample regional delicacies. Gaetane's enthusiasm for local products is contagious and she is delighted to share some of her favourites with you. Learn some "trade secrets" that you can try at home.
4. Sit back and relax. No need to worry about your itinerary, or how to navigate the valley. We will customize your tour ahead of time, so all you have to do is enjoy the beautiful scenery, as Gaetane entertains you with local history and stories.
5. Enjoy a gourmet lunch! If you choose the "Entrée Tour", you will be treated to a delicious lunch, showcasing some of the fresh local products.
6. Price is all-inclusive, including entrance fees where applicable.
7. Find out where the locals go. Learn about other activities and places to visit during your stay. We are happy to share information and suggestions that will make your stay memorable beyond your tour.

www.IslandGourmetTrails.ca

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